Do you need medication assisted treatment?

As part of a recovery plan, a physician may recommend medication treatments such as the use of Vivitrol, Suboxone, Subutex and Methadone. The following may provide assistance with the administration of these medications.

Hartford Dispensary, Torrington ......(860) 482-8387
MCCA, Torrington...........................(860) 482-2613
McCall Center, Torrington...............(860) 496-2100
Mountainside Treatment Center ......(860) 824-1397
Watkins Network, Torrington.........(860) 482-7242

It may be hard to ask for help, but you’re not alone...

Community Opiate Treatment Resources
A Guide for Patients & Families

For an online comprehensive resource list, visit:
AuthenticRecovery.com/Resources

Look for us on Facebook
The-Litchfield-County-Opiate-Task-Force
Asking for help

Confronting addiction of any kind can be a scary and emotional journey for the individual and their family and friends. We’re glad you are thinking about getting help for yourself or a loved one and would like to support you in that decision. Please remember, treatment does work, and people get better.

Don’t know where to start?

One important initiative of the Litchfield County Opiate Task Force is the provision of FREE confidential, individualized consultation and screening for opioid substance use disorders and information and resources on treatments to assist with recovery. This case management service is provided by Charlotte Hungerford Hospital.

CALL NOW
to speak confidentially with a
Certified Case Manager
(860) 496-6381
Monday–Friday, 8:30 a.m.–5 p.m.

Do you need a detox?

Detox facilities are medically monitored programs that provide comfort and counsel while you safely withdraw from drugs and alcohol. If you are chemically dependent, you can seek to enter a detox program that usually lasts five days.

First Step Detox, Bridgeport ..........(203) 416-1915
InterCommunity, Inc, Hartford ..........(860) 714-3700
MCCA, Danbury ..................................(203) 792-4515
Mountainside Treatment Center, Canaan ..........................................................(860) 824-1397
Rushford, Middletown .............1 (877) 577-3233

For a complete detox list, go to
Connecticut.NetworkOfCare.org

Do you need a residential program?

Residential programs usually last for 28 days or more. Patients reside at the facility while receiving group and individual counseling, substance use disorders education and relapse prevention planning.

Blue Hills Hospital, Hartford ..........(860) 293-6415
Highwatch, Kent ................................(860) 927-3772
InterCommunity, Inc, Hartford ..........(860) 714-3739
MCCA, Danbury ..................................(203) 792-4515
McCall Center/Carnes Weeks Program, Torrington ..........................................................(860) 496-2100
Mountainside Treatment Center, Canaan .....................(860) 824-1397
Rushford, Middletown .............1 (877) 577-3233

Do you need outpatient therapy?

Intensive Outpatient Therapy is a combination of group and individual therapy meetings three times a week for three hours each meeting. Consultation with a psychiatrist is often a part of this treatment. Additional therapy offerings range from one to nine hours per week, and patients continue to reside at home. Other local providers offer individual and group therapy as well.

Authentic Recovery, Torrington ..........(860) 805-2267
Charlotte Hungerford Behavioral Health Center, Torrington . ......(860) 496-6350
Greenwoods Counseling, Litchfield ........(606) 567-4437
McCall Center, Torrington ..........(860) 496-2100
Mountainside Treatment Center, Canaan ..........................................................(860) 824-1397
Watkins Network, Torrington ..........(860) 482-7242