

## Do you need medication assisted treatment?

As part of a recovery plan, a physician may recommend medication treatments such as the use of Vivitrol, Suboxone, Subutex and Methadone. The following may provide assistance with the administration of these medications.

Hartford Dispensary, Torrington .....(860) 482-8387  
MCCA,Torrington.....(860) 482-2613  
McCall Center, Torrington .....(860) 496-2100  
Mountainside Treatment Center.....(860) 824-1397  
Watkins Network, Torrington.....(860) 482-7242



Founded by  
Charlotte Hungerford Hospital  
McCall Center for Behavioral Health

For information and assistance, call

**(860) 496-6381**

Monday-Friday  
8:30 a.m.-5 p.m.

For an online comprehensive resource list, visit:

**[AuthenticRecovery.com/Resources](http://AuthenticRecovery.com/Resources)**

Look for us on Facebook



The-Litchfield-County-Opiate-Task-Force



*It may be hard to ask for help,  
but you're not alone...*

## Community Opiate Treatment Resources

A Guide for Patients & Families



**(860) 496-6381**

## Asking for help

Confronting addiction of any kind can be a scary and emotional journey for the individual and their family and friends. We're glad you are thinking about getting help for yourself or a loved one and would like to support you in that decision. Please remember, treatment does work, and people get better.

## Don't know where to start?

One important initiative of the Litchfield County Opiate Task Force is the provision of FREE confidential, individualized consultation and screening for opioid substance use disorders and information and resources on treatments to assist with recovery. This case management service is provided by Charlotte Hungerford Hospital.

### CALL NOW

to speak confidentially with a  
Certified Case Manager

**(860) 496-6381**

Monday–Friday, 8:30 a.m.–5 p.m.

## Do you need a detox?

Detox facilities are medically monitored programs that provide comfort and counsel while you safely withdraw from drugs and alcohol. If you are chemically dependent, you can seek to enter a detox program that usually lasts five days.

First Step Detox, Bridgeport .....(203) 416-1915  
InterCommunity, Inc, Hartford.....(860) 714-3700  
MCCA, Danbury.....(203) 792-4515  
Mountainside Treatment Center, Canaan.....  
.....(860) 824-1397  
Rushford, Middletown .....1 (877) 577-3233  
SCRC, New Haven .....(203) 503-3317  
Stonington Institute, N. Stonington...(860) 535-1010

*For a complete detox list, go to*  
[Connecticut.NetworkOfCare.org](http://Connecticut.NetworkOfCare.org)

## Do you need a residential program?

Residential programs usually last for 28 days or more. Patients reside at the facility while receiving group and individual counseling, substance use disorders education and relapse prevention planning.

Blue Hills Hospital, Hartford .....(860) 293-6415  
Highwatch, Kent .....(860) 927-3772  
InterCommunity, Inc, Hartford.....(860) 714-3739  
MCCA, Danbury.....(203) 792-4515  
McCall Center/Carnes Weeks Program, Torrington  
.....(860) 496-2100  
Mountainside Treatment Center, Canaan.....  
.....(860) 824-1397  
Rushford, Middletown .....1 (877) 577-3233

## Do you need outpatient therapy?

Intensive Outpatient Therapy is a combination of group and individual therapy meetings three times a week for three hours each meeting. Consultation with a psychiatrist is often a part of this treatment. Additional therapy offerings range from one to nine hours per week, and patients continue to reside at home. Other local providers offer individual and group therapy as well.

Authentic Recovery, Torrington .....(860) 805-2267  
Charlotte Hungerford Behavioral Health Center,  
Torrington.....(860) 496-6350  
Greenwoods Counseling, Litchfield ..(860) 567-4437  
McCall Center, Torrington .....(860) 496-2100  
Mountainside Treatment Center, Canaan.....  
.....(860) 824-1397  
Watkins Network, Torrington.....(860) 482-7242